



GENERAL ASSEMBLY

2024 ASSEMBLY

THE IMPORTANCE OF PRAYER UNTO GOD

31/March/2024



Circular nº 184/2024

Dear Brethren,

The peace of God

Prayer is a dialogue between Christians and the Almighty God, made to God in the Name and by the merit of our Lord Jesus Christ. Prayer should be an essential part of the life of every believer. Recommendations regarding the need to pray can be found throughout the Holy Bible.

True Christian life requires constant prayer. Through prayer, we worship God; we also show our gratitude for favors and blessings received from Him and ask forgiveness for our sins. As we seek greater sanctification through prayer, we also strengthen our relationship with God.

As we pray, our fears and anxieties decrease (Phil. 4:6). In prayer, we affirm our devotion to God, and plead for His help for ourselves and others. As it is written:

“For the eyes of the Lord are over the righteous, and his ears are open unto their prayers: but the face of the Lord is against them that do evil.” (1Peter 3:12)

We need to persevere in prayer, as the Apostle Paul exhorted:

“Continue in prayer, and watch in the same with thanksgiving;” (Col 4:2)

And we should pray whenever possible:

“Praying always with all prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints;” (Eph 6:18)

“Pray without ceasing.” (1 The 5:17)

Through prayer, we receive strength to confront our spiritual battles.

“Now I beseech you, brethren, for the Lord Jesus Christ's sake, and for the love of the Spirit, that ye strive together with me in your prayers to God for me;” (Rom 15:30)

Through prayer we can intercede on behalf of others.

“For I know that this shall turn to my salvation through your prayer, and the supply of the Spirit of Jesus Christ,” (Phi 1:19)

Sanctification comes through prayer.

“For it is sanctified by the word of God and prayer.” (1 Tim 4:5)

Through prayer we can escape temptation.

“Watch ye and pray, lest ye enter into temptation. The spirit truly is ready, but the flesh



GENERAL ASSEMBLY

2024 ASSEMBLY

THE IMPORTANCE OF PRAYER UNTO GOD

31/March/2024



Circular nº 184/2024

is weak.” (Mark 14:38)

Through prayer, we can receive the favors we need from God.

“Confess your faults one to another, and pray one for another, that ye may be healed. The effectual fervent prayer of a righteous man availeth much.” (James 5:16)

“And whatsoever ye shall ask in my name, that will I do, that the Father may be glorified in the Son. If ye shall ask any thing in my name, I will do it.” (John 14: 13,14)

Through prayer, we establish and strengthen our fellowship with God:

“And they continued stedfastly in the apostles' doctrine and fellowship, and in breaking of bread, and in prayers.” (Acts 2:42)

Prayer is powerful and effective, and we encourage our dear brethren to pray as often as possible, both individually and with their families. Praying is a healthy and spiritually commendable practice. Family prayer strengthens the marital relationship and is a blessing to our children, teaching them to trust in God's unlimited power and mercy.

Prayer should be inspired by the Holy Spirit, with no concern for structure or eloquence.

The Prayer the Lord taught His disciples (Mathew 6:9-13) is an example for all Christians. It is the guide for a perfect prayer to God our Father.

We know that God accepts every prayer that comes from a sincere heart and is raised in the Name of the Lord Jesus. However, when possible, it is preferable to pray kneeling down, coming before the Lord with simplicity, humility and submission, and showing that we recognize our insignificance as mortal beings. The Lord Jesus Himself prayed kneeling down:

“And when he was at the place, he said unto them, Pray that ye enter not into temptation. And he was withdrawn from them about a stone's cast, and kneeled down, and prayed,” (Luke 22: 40,41)

Kneeling in prayer was practiced by holy men throughout the Bible, both in the Old and New Testaments, as shown in the scriptures below:

“And it was so, that when Solomon had made an end of praying all this prayer and supplication unto the LORD, he arose from before the altar of the LORD, from kneeling on his knees with his hands spread up to heaven.” (1 Kings 8:54)

“And at the evening sacrifice I arose up from my heaviness; and having rent my garment and my mantle, I fell upon my knees, and spread out my hands unto the LORD my God.” (Ezra 9:5)



GENERAL ASSEMBLY

2024 ASSEMBLY

THE IMPORTANCE OF PRAYER UNTO GOD

31/March/2024



Circular nº 184/2024

*"O come, let us worship and bow down: let us kneel before the LORD our maker."
(Psalm 95:6)*

"Now when Daniel knew that the writing was signed, he went into his house; and his windows being open in his chamber toward Jerusalem, he kneeled upon his knees three times a day, and prayed, and gave thanks before his God, as he did aforetime." (Daniel 6:10)

"And he kneeled down, and cried with a loud voice, Lord, lay not this sin to their charge. And when he had said this, he fell asleep." (Acts 7:60)

"But Peter put them all forth, and kneeled down, and prayed; and turning him to the body said, Tabitha, arise. And she opened her eyes: and when she saw Peter, she sat up." (Acts 9:40)

"And when he had thus spoken, he kneeled down, and prayed with them all." (Acts 20:36)

"And when we had accomplished those days, we departed and went our way; and they all brought us on our way, with wives and children, till we were out of the city: and we kneeled down on the shore, and prayed." (Acts 21:5)

"And when they were come to the multitude, there came to him a certain man, kneeling down to him, and saying." (Mathew 17:14)

"And there came a leper to him, beseeching him, and kneeling down to him, and saying unto him, If thou wilt, thou canst make me clean." (Mark 1:40)

"For it is written, As I live, saith the Lord, every knee shall bow to me, and every tongue shall confess to God." (Romans 14:11)

"For this cause I bow my knees unto the Father of our Lord Jesus Christ," (Ephesians 3:14)

"That at the name of Jesus every knee should bow, of things in heaven, and things in earth, and things under the earth;" (Philippians 2:10)

Yours Brothers in Christ,

Council of Senior Elders